

Portland Public Schools
Allergens & Food Sensitivity

May 2019
Breakfast
Middle School

Apr 10, 2019

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000680	APPLE FRUDEL PILLSBURY	YES	NO	NO	NO	NO	NO	NO	YES
000064	APPLES,FRESH 125 ct	NO	NO	NO	NO	NO	NO	NO	NO
001222	APPLESAUCE CUP PC	NO	NO	NO	NO	NO	NO	NO	NO
000632	BAGEL & CRM CHEESE	YES	YES	NO	NO	NO	NO	YES	YES
000068	BANANAS regular 100ct	NO	NO	NO	NO	NO	NO	NO	NO
001193	Bread Banana Slice	YES	YES	NO	NO	NO	NO	YES	YES
001278	Breakfast round UBR cinnamon R	YES	YES	NO	NO	NO	NO	YES	YES
001395	Cinnamon Crisp VERTICAL Bar	NO	NO	NO	NO	NO	NO	YES	YES
001449	DRIED FRUIT	NO	NO	NO	NO	NO	NO	NO	NO
000246	FRUIT JUICE,ASSORTED	NO	NO	NO	NO	NO	NO	NO	NO
000329	FRUIT, BREAKFAST	NO	NO	NO	NO	NO	NO	NO	NO
000230	MILK, HALF PINT 1%	YES	NO	NO	NO	NO	NO	NO	NO
000231	MILK, HALF PINT SKIM	YES	NO	NO	NO	NO	NO	NO	NO
001365	Muffin Blueberry 2G IW SKYB	YES	YES	NO	NO	NO	NO	YES	YES
001276	Muffin Corn 2G IW	YES	YES	NO	NO	NO	NO	YES	YES
000876	Yogurt (upstate) Raspberry 4oz	YES	NO	NO	NO	NO	NO	NO	NO
000878	Yogurt (upstate) Strawberry Ba	YES	NO	NO	NO	NO	NO	NO	NO
001684	Zee Zees Grahamz, Original, WG	NO	NO	NO	NO	NO	NO	YES	YES
001686	ZeeZees Grahamz, Birthday Cake	NO	NO	NO	NO	NO	NO	YES	YES

Portland Public Schools
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May 2019
Lunch
Middle School

Apr 10, 2019

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001600	Beef Burrito	YES	NO	NO	NO	NO	NO	YES	YES
000768	Chicken Breaded Tenderloin RTC	NO	NO	NO	NO	NO	NO	NO	YES
000048	CHICKEN BURGER 2M 3G	NO	NO	NO	NO	NO	NO	YES	YES
001674	chicken drumsticks & Mashed HS	YES	NO	NO	NO	NO	NO	YES	YES
000690	CHICKEN NUGGETS Boat w/biscuit5	NO	NO	NO	NO	NO	NO	YES	YES
001730	CHICKEN ORANGE STIR FRY KIT 12	NO	YES	NO	NO	NO	NO	YES	YES
000939	Chicken Patty Spicy Brd Sandwi	NO	NO	NO	NO	NO	NO	YES	YES
001424	CHICKEN QUESADILLAS HS	YES	NO	NO	NO	NO	NO	YES	YES
001721	CHICKEN SALAD	YES	YES	NO	NO	NO	NO	YES	NO
000298	FISHBURGER w/CHEESE 2.25M 2G	YES	NO	NO	NO	YES	NO	YES	YES
000949	HAMBURGER /BUN CHEESE	YES	NO	NO	NO	NO	NO	YES	YES
000027	HOT DOG BEEF LS ON A WG BUN	NO	NO	NO	NO	NO	NO	NO	YES
000372	ITALIAN, TURKEY	YES	NO	NO	NO	NO	NO	NO	YES
000308	MEATBALL SUB w/cheese HS	YES	YES	NO	NO	NO	NO	YES	YES
000122	MILK - VARIETY maine	YES	NO	NO	NO	NO	NO	NO	NO
001056	MOZZARELLA STICK 5 w/dip	YES	NO	NO	NO	NO	NO	NO	YES
500127	NACHOS WITH GROUND BEEF	YES	NO	NO	NO	NO	NO	NO	YES
001077	Pasta Barilla&Meatballs - High	YES	NO	NO	NO	NO	NO	YES	YES
001286	pizza 16" amato CHEESE 8c 2M2B	YES	NO	NO	NO	NO	NO	NO	YES
000286	POTATO CHIP BAG	NO	NO	NO	NO	NO	NO	NO	NO
001839	Wild Maine Blueberry dip	NO	NO	NO	NO	NO	NO	NO	NO
000877	Yogurt PARFAIT HS/MS	YES	NO	NO	NO	NO	NO	NO	YES