

Portland Public Schools
Allergens & Food Sensitivity

May High School
Breakfast
2019

Apr 10, 2019

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000680	APPLE FRUDEL PILLSBURY	YES	NO	NO	NO	NO	NO	NO	YES
000632	BAGEL & CRM CHEESE	YES	YES	NO	NO	NO	NO	YES	YES
001193	Bread Banana Slice	YES	YES	NO	NO	NO	NO	YES	YES
000030	BREAKFAST PIZZA HS	YES	YES	NO	NO	NO	NO	NO	YES
000681	BREAKFAST SANDWICH ASST	YES	YES	NO	NO	NO	NO	YES	YES
000328	CEREAL, ASSORTED	NO	NO	NO	NO	NO	NO	NO	NO
000780	French Toast Glazed 1M 1.5G	NO	YES	NO	NO	NO	NO	YES	YES
000329	FRUIT, BREAKFAST	NO	NO	NO	NO	NO	NO	NO	NO
000947	GRANOLA V2	NO	NO	NO	NO	NO	NO	NO	NO
001430	Milk Variety High School	YES	NO	NO	NO	NO	NO	NO	NO
001326	Mini Bagel, Cinnamon Pillsbury	YES	NO	NO	NO	NO	NO	NO	YES
001079	Muffin Trans Fat Free Gold Med	YES	YES	NO	NO	NO	NO	YES	YES
000746	Orange Juice 4 oz Oakhurst	NO	NO	NO	NO	NO	NO	NO	NO
000785	Pancakes Aunt Jemima Whole Gra	NO	YES	NO	NO	NO	NO	YES	YES
000878	Yogurt (upstate) Strawberry Ba	YES	NO	NO	NO	NO	NO	NO	NO

Portland Public Schools
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MAY 2019
Lunch
High School

Apr 10, 2019

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001600	Beef Burrito	YES	NO	NO	NO	NO	NO	YES	YES
001703	Chicken & Waffle Basket	YES	YES	NO	NO	NO	NO	YES	YES
000048	CHICKEN BURGER 2M 3G	NO	NO	NO	NO	NO	NO	YES	YES
001674	chicken drumsticks & Mashed HS	YES	NO	NO	NO	NO	NO	YES	YES
001730	CHICKEN ORANGE STIR FRY KIT 12	NO	YES	NO	NO	NO	NO	YES	YES
000352	CHICKEN PARMESAN HS	YES	NO	NO	NO	NO	NO	NO	YES
000939	Chicken Patty Spicy Brd Sandwi	NO	NO	NO	NO	NO	NO	YES	YES
001424	CHICKEN QUESADILLAS HS	YES	NO	NO	NO	NO	NO	YES	YES
001713	CHICKEN QUESADILLAS HS shr Chi	YES	NO	NO	NO	NO	NO	NO	YES
000675	CHICKEN TENDERS FF BOAT	NO	NO	NO	NO	NO	NO	YES	YES
001731	Chicken Teriyaki Stir Fry Kit	NO	YES	NO	NO	NO	NO	YES	YES
001284	FISH taco w/CHEESE 2M 2G	YES	YES	NO	NO	YES	NO	NO	YES
001151	HOT DOG BEEF boat ms	NO	NO	NO	NO	NO	NO	NO	YES
001400	Mac&Cheese HS 1 Cup	YES	NO	NO	NO	NO	NO	YES	YES
001782	Mashed Potato Bowl HS MS	YES	NO	NO	NO	NO	NO	NO	NO
000308	MEATBALL SUB w/cheese HS	YES	YES	NO	NO	NO	NO	YES	YES
000122	MILK - VARIETY maine	YES	NO	NO	NO	NO	NO	NO	NO
001138	MOZZARELLA STICK 5 HS	YES	YES	NO	NO	NO	NO	YES	YES
001105	Nachos Real Cheese w/Chili	YES	NO	NO	NO	NO	NO	NO	YES
001077	Pasta Barilla&Meatballs - High	YES	NO	NO	NO	NO	NO	YES	YES
001224	PIZZA, PAZZO 8 CUT	YES	NO	NO	NO	NO	NO	NO	YES
001399	sand buffalo chicken wrap	YES	YES	NO	NO	NO	NO	YES	YES
001047	steak & cheese LOCAL mshs	YES	YES	NO	NO	NO	NO	YES	YES
001425	Taco Beef, w/ Taco Boat HS	YES	NO	NO	NO	NO	NO	NO	NO
001839	Wild Maine Blueberry dip	NO	NO	NO	NO	NO	NO	NO	NO
000877	Yogurt PARFAIT HS/MS	YES	NO	NO	NO	NO	NO	NO	YES